



DR. SERKAN AYGIN



Before the Procedure

Are you ready for you hair transplantation?



Welcome!

We are pleased to provide you with our best service during your hair transplant procedure.

Whether you decide to have a hair, beard or eyebrow transplant, you should keep the following in mind.

In this brochure, we have included several instructions that we ask you to follow.

Please read them carefully and do not hesitate to contact us if you have any further questions.

Contact Details:

If you have questions or issues, please contact your individual contact person.

You can find the general contact details of the clinic also here:

Email: info@drserkanaygin.com

Home: +90-555-100-4040

(Available 24 hours / 7 days a week)





Further instructions before the hair transplantation

- If you take Minoxidil, please discontinue it 20 days before the surgery
- Finasteride must also be discontinued at least 2 days before the surgery and up to 2 weeks after the surgery
- Please do not cut your hair before the surgery, as the clinic team will do so
- We recommend you to shower again before the surgery. You can wash your body regularly, but your hair can only be washed 3 days after the surgery
- We recommend you to have a good rest and sleep the day before the surgery
- We recommend you to eat enough before the surgery
- We recommend that you do not drink coffee or smoking 24 hours before and after the surgery





The day of the surgery:

What kind of clothing should I wear during the surgery?

We recommend that you wear a button-down shirt or a loose-fitting shirt. You should definitely avoid any contact with the transplanted area when dressing and undressing.

The surgery takes up to 6 hours - depending on the number of grafts transplanted. Therefore, we recommend comfortable clothing.

Please understand that your companion is not allowed to go with you into the operating room.

During the operation, you will be given a piece of cake and juice during a short break to keep your blood circulation in tact.

Chronological course of your hair transplantation

Arrival

- Arrival in Istanbul
- Pick-up by transfer service
- Transfer to the hotel or to the clinic
- Meeting your translator in the clinic (Your translator will always be by your side in the Dr. Serkan Aygin Clinic)
- Explanation about the medications and about the method used
- Blood test in the clinic to ensure the absence of transmittable diseases (HIV, Hepatitis, etc.)

Treatment

- Pre-examination (with translator)
- Determination of hairline with Dr. Serkan Aygin
- Hair will be shaved to 1 millimeter cut.
- Pictures before surgery for your files (incl. pictures of your hairline)
- Initiation of your surgery in company of your translator
- Extraction of grafts (3 hours)
- Small snack / break
- Transplantation of grafts (4 hours)
- Pictures after surgery for your files
- Receiving medication
- Overnight stay in hotel





The day after the hair transplantation

- Transfer from hotel to clinic
- Meeting your translator
- Inspection, cleaning and disinfection
- Laser hair therapy
- Detailed explanation of subsequent procedure after the hair transplantation (Hair washing procedure, medication, etc.)
- Transfer to the hotel or airport
- Departure Istanbul

Journey & Pick-up from the airport

When you arrive at the airport, you will pass through the passport control. Then you are on the way to the exit (Just follow the sign with the word ,Exit').



Arrival at Istanbul airport (IST)

Upon arrival at Istanbul airport (IST), our driver will meet you with a sign saying ,D10' and drive you to the hotel or to the clinic afterwards.

In case you are not able to find our driver at the arrival-gate of the airport, please contact with your guide.

Arrival at **SABIHA GOKCEN AIRPORT** **(SAW)**



Upon arrival at Sabiha Gokcen airport (SAW), our driver will meet you with a sign saying ,3E' and drive you to the hotel or to the clinic afterwards.

In case you are not able to find our driver at the arrival-gate of the airport, please contact your guide.

